

## 2010 proposed QT's

### Age Group Championships

**These times are 25m pool times.**

All times must have been achieved between:

October 1st 2009 and April 27th 2010 at a Level 1, 2 or 3 Licensed Meet.

Age on the day will be as of midnight on June 13th 2010

|                   | 10 years |          | 11 years |         | 12 years |         | 13 years |         | 14 years |
|-------------------|----------|----------|----------|---------|----------|---------|----------|---------|----------|
|                   | Boys     | Girls    | Boys     | Girls   | Boys     | Girls   | Boys     | Girls   | Boys     |
| 100m Freestyle    | Via 200m | Via 200m | Via 200m | 01:11.9 | 01:06.4  | 01:08.7 | 01:03.1  | 01:05.2 | 59.8     |
| 200m Freestyle    | 02:46.0  | 02:47.2  | 02:33.7  | 02:34.8 | 02:24.4  | 02:24.5 | 02:14.3  | 02:20.6 | 02:09.8  |
| 400m Freestyle    | 05:53.7  | 06:03.7  | 05:21.5  | 05:23.3 | 05:03.7  | 05:08.9 | 04:43.1  | 04:54.4 | 04:34.2  |
| 800m Freestyle    | N/A      | N/A      | N/A      | 10:57.8 | 10:16.8  | 10:22.1 | 09:53.4  | 10:02.1 | 09:19.1  |
| 1500m Freestyle   | N/A      | N/A      | N/A      | 21:04.9 | 19:48.3  | 20:01.2 | 18:43.4  | 19:45.5 | 17:55.5  |
|                   |          |          |          |         |          |         |          |         |          |
| 100m Backstroke   | Via 200m | Via 200m | Via 200m | 01:20.9 | 01:15.8  | 01:17.0 | 01:10.0  | 01:13.1 | 01:07.4  |
| 200m Backstroke   | 03:06.4  | 03:05.9  | 02:52.6  | 02:52.2 | 02:41.9  | 02:40.4 | 02:30.2  | 02:36.1 | 02:25.0  |
|                   |          |          |          |         |          |         |          |         |          |
| 100m Breaststroke | Via 200m | Via 200m | Via 200m | 01:32.1 | 01:25.9  | 01:27.5 | 01:18.7  | 01:22.8 | 01:16.2  |
| 200m Breaststroke | 03:39.6  | 03:35.9  | 03:19.6  | 03:16.2 | 03:06.0  | 03:07.1 | 02:51.7  | 02:58.1 | 02:45.7  |
|                   |          |          |          |         |          |         |          |         |          |
| 100m Butterfly    | Via 200m | Via 200m | Via 200m | 01:23.7 | 01:17.4  | 01:17.1 | 01:10.9  | 01:14.6 | 01:06.6  |
| 200m Butterfly    | 03:33.3  | 03:32.9  | 03:13.0  | 03:12.6 | 02:51.7  | 02:50.4 | 02:37.9  | 02:43.6 | 02:31.0  |
|                   |          |          |          |         |          |         |          |         |          |
| 200m IM           | 03:22.9  | 03:18.2  | 03:07.4  | 03:03.0 | 02:44.9  | 02:47.3 | 02:36.2  | 02:39.2 | 02:27.6  |
| 400m IM           | 07:23.5  | 07:19.1  | 06:32.8  | 06:28.8 | 05:57.4  | 05:52.5 | 05:31.1  | 05:35.0 | 05:13.6  |
|                   |          |          |          |         |          |         |          |         |          |
|                   | 10 years |          | 11 years |         | 12 years |         | 13 years |         | 14 years |